

Perceptual Style Training for Coaches Curriculum

Session 1 – Introduction to Perceptual Styles: overview of the key concepts of Perceptual Style Theory with an introduction to each of the six Perceptual Styles.

Sessions 2 – All About Activity: deep dive into the strengths, weaknesses, communication approach, response to change, stress behaviors, and motivation triggers of the Activity Perceptual Style.

Sessions 3 – All About Adjustments: deep dive into the Adjustments Perceptual Style.

Sessions 4 – All About Flow: deep dive into the Flow Perceptual Style.

Sessions 5 – All About Goals: deep dive into the Goals Perceptual Style.

Sessions 6 – All About Methods: deep dive into the Methods Perceptual Style.

Sessions 7 – All About Vision: deep dive into the Vision Perceptual Style.

Sessions 8 – Communication Constructs and Recognized Strengths: detailed review of how Perceptual Style and Preferences for Interaction impact and influence communication and how people value or devalue their natural skills.

Session 9 – Perceptual Style Interaction 1: detailed review of the connections and disconnects between Opposite and Neighbor Perceptual Styles with an emphasis on communication.

Session 10 – Perceptual Style Interaction 2: detailed review of the connections and disconnects between One-off and Kindred Spirit Perceptual Styles with an emphasis on communication.

Session 11 – Interpreting Assessment Results: review of the content of the coach's worksheet that accompanies the Recognized Strengths Profile assessment and tips on guiding your client through their results.

Session 12 – Practical Application Tips & Techniques and Wrap Up